



Dimensions: Set out a 25 x 25 yard square, each player has a ball, adjust the area side to suit the number of players you have.

How to: Players must attempt to knock their opponents out by passing their ball into their opponents ball, knocking it outside the area, be careful as you can eliminate yourself if you kick your own ball out.

Eliminated players can play in a smaller area with unlimited lives to practice while the game continues to the last player standing.

Coaching Points: Keep you own ball close, be aware of your surroundings as players can attack from any angle. Be positive. Challenge yourself and take players on, remember to learn from what went wrong in earlier rounds.

Notes:

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